

RESPONDING TO FLU-LIKE SYMPTOMS



If a medical professional recommends that you isolate for flu-like symptoms:

- Tell your RA or proctor.
- Return to your family home for isolation, if possible.
- Tell your roommate (if you have one).
- If isolating in your on-campus residence wear a mask in shared spaces, such as bathrooms, or when interacting with others. Additional masks available at the front desk.
- Contact your professors if you will miss class. Student Health Services will not be providing doctors' notes to give to faculty.

To request meal delivery:

- Dining will deliver three meals at a time. The pre-set menu is based on medical advice for foods best tolerated when you're ill.
- Towers students without a meal plan may buy blocks of 10 meals. Contact housing@ku.edu.
- Scholarship hall residents should request a late plate.

- Dining services will deliver to the front desk of all halls. The RA will bring it to your room. Deliveries will be between:

7:30 a.m.-8:30 a.m.
(except weekends)

11:30 a.m.-12:30 p.m.

5:30 p.m.-6:30 p.m.

- Call your dining center. Provide your name, hall, room number and KUID.

Mrs. E's: 785-864-2261

Voice mail is available on this phone. (McCollum, Ellsworth, Hashinger, Lewis, Templin, Jayhawker Towers)

Oliver Dining Center:
785-864-4087

GSP Dining Center:
785-864-3120 (GSP, Corbin)

- Make requests at these times:

Mrs. E's and Oliver:
6 a.m. to 5 p.m. M-F, and
9 a.m. to 5 p.m. weekends.

GSP: 6 a.m. to 5 p.m., M-F and
9 a.m. to 5 p.m. Sunday.

If GSP or Corbin residents need to call Saturday, please call Mrs. E's

If your roommate has been asked to isolate:

- Talk to the assistant complex director, scholarship hall director or complex director for a short-term relocation if desired.
- Clean your space, including door knobs and appliances, with a multipurpose cleaner, such as Formula 409. Supplies are available from hall staff.

Tips for avoiding illness:

- Wash hands often with soap.
- Use antibacterial wipes to frequently clean room surfaces.
- Avoid touching eyes, nose, and mouth.
- Cough or sneeze into your sleeve, not your hand.
- Get a seasonal flu shot and the H1N1 vaccine.